

06/04 04/05 01/06 29/06

20/07 24/08 21/09

Week 1

	Breakfast	Lunch	Tea
Monday	Variety of cereals Toast Fresh fruit	Apricot chicken with peppers and courgettes Served with rice Natural Yoghurt with Berries	Macaroni Cheese Carrot Cake
Tuesday	Variety of cereals Toast Fresh fruit	Vegetable Goujons, homemade chips, and peas Fruit Jelly	Tomato Soup with homemade bread Blueberry Muffins
Wednesday	Variety of cereals Toast Fresh fruit	Tuna and sweet corn pasta bake Fruit	Scrambled Egg on toast Fromage Frais
Thursday	Variety of cereals Toast Fresh fruit	Roast Beef served with Yorkshire pudding and veg Fruit	Cheese and Courgette Muffins with Cucumber Banana Loaf
Friday	Variety of cereals Toast Fresh fruit	Barbeque pork with green beans served with noodles Apple crumble and ice cream	Jacket Potato with Baked beans Fruit Skewers (Made by Children)

13/04 11/05 08/06 06/07 28/07

03/08 31/08 28/09

Week 2

	Breakfast	Lunch	Tea
Monday	Variety of cereals Toast Fresh fruit	Cheese, Tomato and Pepper Risotto Fruit	Sausage Rolls served with couscous and coleslaw Orange Biscuits
Tuesday	Variety of cereals Toast Fresh fruit	Sausage, Tomato and Mushroom Pasta Flapjacks	Jacket Potato with Tuna Fruit
Wednesday	Variety of cereals Toast Fresh fruit	Chicken supreme served with sweet corn/peas and new potatoes Fruit	Ploughman's Platter with Veg Sticks Natural Yoghurt
Thursday	Variety of cereals Toast Fresh fruit	Chilli Con Carne served with Rice Strawberry Cheesecake	Minestrone Soup with homemade bread Fruit
Friday	Variety of cereals Toast Fresh fruit	Baked Fish Fingers served with sweet potato mash and peas Fromage Frais	Cheese crumpets with peppers and carrot batons Chocolate Rice Krispie Cakes (Made by the children)

20/04

18/05

15/06

13/07

10/08

07/09

Week 3

	Breakfast	Lunch	Tea
Monday	Variety of cereals Toast Fresh fruit	Macaroni Cheese with Bacon and vegetables Ice Cream	Butternut Squash Soup with homemade bread Biscuits
Tuesday	Variety of cereals Toast Fresh fruit	Fish Korma served with rice and veg Natural Yoghurt with mango puree	Ham sandwiches with veg sticks Fruit
Wednesday	Variety of cereals Toast Fresh fruit	Spaghetti bolognaise with hidden vegetables Courgette Sponge cake	Jacket Potato with beans Shortbread (Made by Children)
Thursday	Variety of cereals Toast Fresh fruit	Chicken Goujons served with wedges and green beans Strawberries and cream	Tuna Pasta Bake Fruit
Friday	Variety of cereals Toast Fresh fruit	Vegetable Quiche with new potatoes and salad Fruit	Hummus, pitta bread with carrot and celery sticks Banana Custard

27/04

25/05

22/06

04/07

17/08

14/09

Week 4

	Breakfast	Lunch	Tea
Monday	Variety of cereals Toast Fresh fruit	Sweet and Sour Pork with vegetable stir fry with noodles Natural Yogurt	Mini Pizza (Made by Children) with veg sticks Fruit
Tuesday	Variety of cereals Toast Fresh fruit	Fish Pie Served with peas Fruit	Tomato pasta bake Fruit Scones
Wednesday	Variety of cereals Toast Fresh fruit	Roast Chicken served with roast potatoes, carrots and cabbage Jam Tarts	Toasted Bagels with cream cheese and peppers Fruit
Thursday	Variety of cereals Toast Fresh fruit	Summer Seasonal Pasta Fruit	Tuna and Cucumber sandwiches Yogurt and strawberry puree
Friday	Variety of cereals Toast Fresh fruit	Homemade beef lasagne with garlic bread and salad Fruit	Chicken and Sweetcorn Soup with homemade bread Apple sponge